

### Course Outline for: NURS 2200 Synthesis Theory and Experiential

### A. Course Description:

- 1. Number of credits: 3
- Lecture hours per week: 2
  Lab hours per week: 1
  Clinical Activity hours per week: 1.5
- 3. Prerequisites: NURS 2000, NURS 2010, NURS 2050, ANTH 1899 or SOC 1104
- 4. Corequisites: NURS 2100, NURS 2110
- 5. MnTC Goals: None

As a synthesis of holistic nursing care, this course embeds prioritization, delegation, and supervision of nursing care of clients across the lifespan while examining theories of nursing leadership. Emphasis is on planning, collaborating, and coordinating care for individuals and groups across the care continuum. The student will focus on the nursing care of communities and population by placing importance on identifying skills and planning actionable holistic nursing interventions for the community, inclusive of lifespan, cultural variables, health equity, and determinants of health.

#### B. Date last reviewed/updated: October 2024

#### C. Outline of Major Content Areas:

- 1. Professional Integrity
  - A. Attributes and Roles of a Nurse
    - i. Professionalism
    - ii. Clinical Judgement
    - iii. Self-care
    - iv. Social Justice
  - B. Care Competencies
    - i. Holistic Nursing Process/Person-centered Care
    - ii. Communication
    - iii. Collaboration
    - iv. Quality & Safety
    - v. Informatics
    - vi. Evidence-based/Evidence-informed Practice
    - vii. Care Coordination
- 2. Psychosocial Integrity
  - A. Psychosocial Homeostasis
    - i. Family Dynamics
    - ii. Culture/Spirituality
    - iii. Motivation/Adherence
    - iv. Coping/Stress/Adaptation

- 3. Lifespan
  - A. Health Equity
    - i. Determinants of Health
    - ii. Implicit Bias Education

## D. Course Learning Outcomes:

Upon successful completion of the course, the student will be able to:

- 1. Identify principles of leadership and team dynamics to promote effective interprofessional communication and collaboration.
- 2. Describe the essential components and responsibilities of delegation and supervision in the role of the professional nurse.
- 3. Apply concepts of quality and safety within a health care context.
- 4. Apply leadership and management skills with colleagues and interdisciplinary teams to address population health issues.
- 5. Demonstrate ethical decision-making processes in collaboration with other health disciplines.
- 6. Utilize evidence to support best practices.
- 7. Assess and prioritize care solutions, and develop an action plan to meet identified health needs and/or disparities, including evaluation methods.
- 8. Analyze the impact of socio cultural, economic, legal and political factors influencing healthcare equity of access, quality and cost.
- 9. Use culturally and linguistically responsive communication strategies.

## E. Methods for Assessing Student Learning:

Methods for assessment may include, but are not limited to, the following:

- 1. Written examinations and quizzes.
- 2. Alternative format, written, and reflection assignments.
- 3. A course competency evaluation tool may be used to evaluate the successful completion of core competencies.
- Rubrics will be used for formative and summative evaluations in the oncampus laboratory/clinical activity for the evaluation of course outcomes. However, unsafe clinical performance or failure to meet clinical/lab/simulation student learning outcomes may result in failure of the course.
- 5. The student must obtain a 78% or greater combined theory and experiential in order to pass the course.

# F. Special Information:

Refer to nursing student handbook for additional details.